



# PHSD 144 – March 2-6 Menu



March, 2020	MONDAY March 2	TUESDAY March 3	WEDNESDAY March 4	THURSDAY March 5	FRIDAY March 6
<b><u>Breakfast Entree</u></b>		Egg Omelet	Cereal Bar	Breakfast Sliders	Cinnamon French Toast Sticks with Syrup
		English Muffin	Fruit Snacks/Cheese Stick		Turkey Sausage
<b><i>GRAB &amp; GO Option Alternate Bagged breakfast, student will also select a fruit/juice and/or milk</i></b>		<b><i>Bagel w/Cream Cheese</i></b>	<b><i>Express Breakfast</i></b>	<b><i>Fruit Muffin w/Yogurt Cup</i></b>	<b><i>Pop Tarts w/Colby/Jack Cheese Stick</i></b>
Milk		White Chocolate	White Chocolate	White Chocolate	White Chocolate
Daily	No School	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice
<b><u>Lunch Entrée</u></b>	Casimir Pulaski Day	Chicken Nuggets	Beef Stroganoff	Cheese Pizza	Chicken Alfredo
Starch		Mashed Potatoes	Herb Rice	Oven Fries	Wheat Pasta
Vegetable		Broccoli	Carrots	Mixed Vegetables	Green Beans
Bread		Dinner Roll	Bread Stick	Crust from Pizza	Garlic Bread
Milk		White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry
Daily Fresh Vegetable Option		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Afternoon Snack		Chocolate Caramel Snack	Confetti Cake	Garden Variety Sun Chips	<u>No</u>
Beverage		Grape Juice	White Milk	Orange Juice	<u>Snacks</u>